# SUChaplaincy news

Amamoor SS Term 4 Week 4



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**AMAMOOR STATE SCHOOL** 

### What's been happening

**Table Tennis Tournament** is now on! We are 3 weeks into the tournament and while playing doubles we are learning the rules of the game, where to serve from, how to serve, and keeping the ball on the table. There are only a few who have experience in the game, so it's an even playing field. When we aren't playing a game, we practice and since the games are for grade 3-6 only, the younger students have had a go, and I can see some emerging talent!

## Family financial help

This time of year can be straining for some; it can be a stressful time and a time of worry. If you need financial support to get through the season, contact us at the school so we can connect you with some generous organisations to help.

## GREAT BOOKS for managing and regulating emotions and behaviours

### MANAGING WORRY

Silly Billy – by Anthony Brown
<a href="https://www.amazon.com.au/Silly-Billy-Anthony-Browne/dp/1406305766">https://www.amazon.com.au/Silly-Billy-Anthony-Browne/dp/1406305766</a>

#### **MANAGING ANGER**

Soda Pop Head – By Julia Cook

<a href="https://www.amazon.com.au/Soda-Pop-Head-Julia-Cook/dp/193163677X">https://www.amazon.com.au/Soda-Pop-Head-Julia-Cook/dp/193163677X</a>

## MANAGING GRIEF

Grief Is Like a Snowflake – By Julia Cook Teaching kids how to cope with their feelings and start the healing process.